



# Saisho Ceremony of Fire and Water

*Inspiring Hope & Healing*

19 November 2017, 11.00am  
Singapore Indoor Stadium



## About Saisho

Drawing from traditional Buddhist rites, Her Holiness Shinso Ito, Head of Shinnyo-en, will lead us in a life-affirming celebration of harmony and inclusivity. The Saisho Ceremony brings together the elements of fire and water respectively expressing our inherent wisdom and compassion and our potential to be awakened.

Through a seamless blend of traditional and innovative approaches, the Saisho Ceremony offers a reflective moment of interconnectedness to all forms of life and gratitude for those that have made us who we are today. Empowered with courage we are then inspired to let our individual goodness shine through by responding to those around us with hope and healing.

The term saisho refers to the act of reaching out to others and experience happiness and contentment together.

Encouraged by Master Shinjo Ito's wish to foster harmony, deepen dialogues, and bring peace to the world, the first saisho event was realised in 1992. Since then, it has been celebrated in Europe, US and Asia.

*"One who truly masters the way is as luminous as a light lit brightly, having parted with all negative intentions and doing all things with brilliant transparency and purity of intention."*

~ Master Shinjo Ito





## *Fire*

As light illuminates darkness, wisdom dispels the gloom of ignorance. The rite of fire signifies purification and awakening so we may find the strength to bring out the enlightened qualities of lovingkindness, joy and equanimity.

## *Homa*

Performed in many spiritual traditions, the homa ritual was incorporated into Buddhism as a means to reconcile personal desires with the altruistic wish to help others. The homa flames, imbued with hope and courage, empower us to transform our lives for the better.

## *Water*

The element of water represents its life-giving role, nourishing and enriching us with compassion for all beings.

## *Lantern Floating*

The tradition of floating lanterns allows us to celebrate, reconnect with, and offer our heartfelt appreciation for loved ones who have passed. With gratitude to those in the past and for our lives in the present, we renew our aspiration to build a better world for all in the future.





Shinnyo-en Singapore members with Member of Parliament for Marine Parade GRC, Mr Tan Chuan-Jin, inter-faith friends, and community leaders during the 2017 Chinese New Year celebration.

## *About Shinnyo-en Singapore*

Formally established in 1994, our Shinnyo-en community has since extended various services and activities to foster community bonding and strengthen social cohesion and inter-religious harmony. We value the promotion of mutual understanding and cooperation in celebration of Singapore's multi-cultural society.

Members work together to walk the selfless path of lovingkindness, contribute to the well-being of all, and bring out our individual differences to live in harmony.

Prayer requests can be made on the day of the Saisho Ceremony between 8.00 AM to 10.30 AM.

For more information on the Saisho Ceremony, please visit [www.saisho.sg](http://www.saisho.sg) or contact Shinnyo-en Singapore at 6746-6191. You can also email us at [singapore@shinnyo.org](mailto:singapore@shinnyo.org)